



## CONSENSUS AROUND KEY POLICIES AND ACTIONS

**Health and Wellbeing:** Participants across Scotland want accessible, affordable, healthy, and sustainable food for everyone. In Caithness, Sutherland, Ross, Orkney and Shetland (CSROS), participants emphasized free healthy school meals from nursery to S6, linking financial support for low-income families to food prices, and restricting unhealthy food for babies and infants.

**Farming:** Participants value sustainable farming and want farmers supported through incentives and payments. In CSROS, they support policies that would regulate supermarket pricing to ensure farmers are paid fairly for what they produce.

**Environment:** Tackling environmental harm was important in CSROS, with many participants viewing reducing food waste and plastic packaging as a key avenue for action. They would like to see measures to reduce food waste incorporated into the Good Food Nation Act.

**Local:** In CSROS, there is support for strengthened local food systems, with communities encouraged to grow and distribute food and more community polytunnels. They are particularly concerned about a lack of local abattoirs and the impact this has on animal welfare and cost.

**Leadership:** Participants in CSROS want the Scottish Government to create an engagement strategy to ensure people across Scotland can participate in policy processes. They are keen to see the Good Food Nation Act effectively link local and regional decision making into the national ambition.

**Food Culture:** In CSROS, participants want to see an end to marketing of unhealthy food, and food system education embedded into the school curriculum.

## CONCLUSION

People in CSROS want a fairer food system, with accessible and affordable food for all and a fairer deal for farmers. They care about the resilience of communities around them and value local food systems. The public appetite for food system policy to achieve such a system is incredibly high.

For more information about The Food Conversation, including how citizens are identified to take part, emerging findings and more, visit: [The Food Conversation](#)